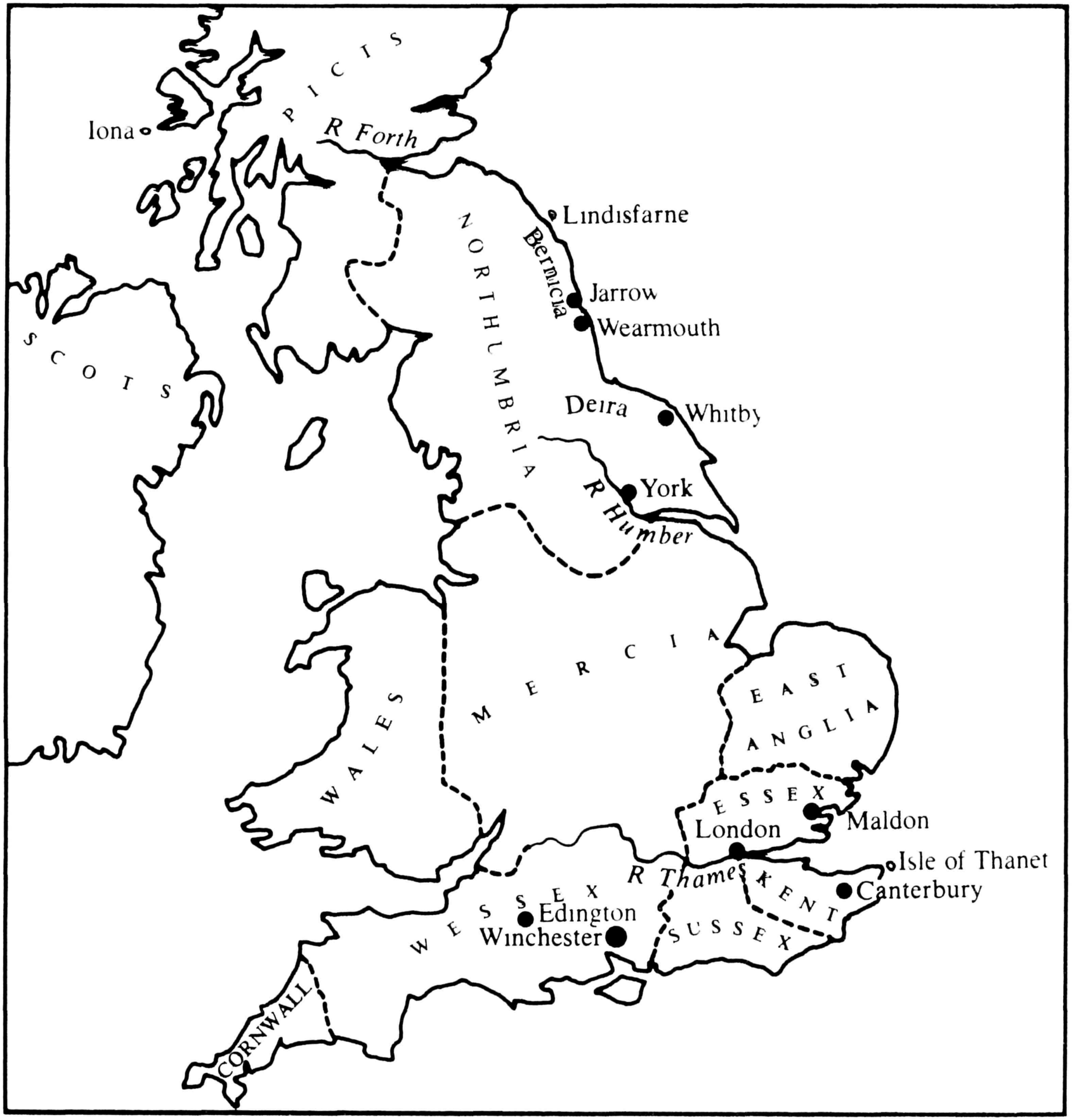
PICTS
Iona
R Forth
Lindisfarne
NORTHUMBRIA
Bernicia
Jarrow
Wearmouth
SCOTS
Deira
Whitby
York
R Humber
MERCIA
WALES
EAST ANGLIA
ESSEX
London
Maldon
Isle of Thanet
R Thames
KENT
Canterbury
WESSEX
Edington
Winchester
SUSSEX
CORNWALL