Appendix I: Orthodoxy Quick Reference

1. **The Holy Trinity**
   - One God
   - God is uncreated, existing before all created things.
   - God is three Persons, one in Essence.
   - All three Persons are absolutely equal.
   - All attributes of God are either unique to each Person (e.g., Fatherhood) or common to all three (e.g., perfection).
   - The Father is the eternal Source of the Godhead. The Son is begotten of the Father, while the Spirit proceeds from the Father.
   - God is unknowable essence and knowable energies.

2. **Jesus Christ**
   - Jesus Christ is the Son of God, the Second Person of the Trinity.
   - He is fully divine and of one essence with the Father.
   - He is fully human and of one essence with mankind.
   - He is one Person in two natures.
   - He truly was born, lived, died and bodily rose from the dead.
   - He is the Messiah prophesied in the Hebrew Scriptures.

3. **The Church**
   - There is only one Church, the Orthodox Church.
   - The Church is the Body of Christ. He is a member and its only Head.
   - Salvation is in and through the Church.
   - Salvation is *theosis* (“deification,” “divinization”), becoming more like God in union with Him.
   - Salvation is not merely a change in status, but in actual being.
   - Salvation is by God’s power but only with man’s active cooperation, termed *synergy*.
   - The sacraments really communicate grace by means of their administration from the episcopacy, who are successors to the Apostles.
   - Christ will return again, and that will be the end of time. At that time, all the dead will rise, the righteous to a resurrection of life and the wicked to a resurrection of death.